



## Grade Five Safe Environment Lesson

### *Additional information for this lesson:*

As a way of reinforcing the objectives of the Circles of Care lesson, it is recommended that the following key points about tricks and lures, and how to handle them, are discussed.

- 1) Know that you always have the right to say “NO” to anyone who makes you feel uncomfortable, even if it is an adult and you were taught to do what adults tell you. You have the right to be respected and tell someone that clearly. For example, “Uncle Dave, I feel uncomfortable when you keep tickling me. I need you to stop when I say it is enough, or when I don’t want you to tickle me at all.” Or, “I’m sorry I can’t help you find your lost dog. My parents do not allow me to go off with someone. Maybe another adult can help you.”
- 2) Tell a trusted person (one of the people you mentioned before) when someone makes you feel uncomfortable or when someone tells you to keep a secret about an uncomfortable situation. Even if someone has threatened you if you tell, it is still important to tell a person you trust.
- 3) Always let a trusted adult know where you are at all times and who you will be with. Never be in a situation where you are alone with a person who makes you feel uncomfortable.
- 4) Always stay alert! Sometimes we might know what a lure is, but we might get involved in the situation and get tricked without realizing it.

*Adapted from Sexual Abuse Awareness Curriculum  
Diocese of Syracuse; Diocese of Albany, 2004*

