Consecration to St. Joseph Information

Year of St. Joseph
On December 8, 2020, Pope Francis declared a Year of St. Joseph, marking the 150th anniversary of the saint’s proclamation as patron of the Universal Church by Pope Pius IX. Pope Francis released an apostolic letter, Patris Corde (With a Father’s Heart), for the Church to reflect on throughout the year.

According to Pope Francis, the COVID-19 pandemic has caused him to reflect on the way St. Joseph quietly protected Mary and Jesus, just as many people during this time have made hidden sacrifices to protect others.

The Year of St. Joseph concludes on December 8, 2021.

Consecration – Being Set Apart
To be consecrated means to be set apart for a sacred (holy) purpose. We know from the Creation story in Genesis that when God created man and woman, He set them apart from other creatures so that they might love and worship Him. In his abundant generosity, God desires to give us not just what is good, but what is best for us. The greatest good that God can offer is his very being, and invitation into the life of the Trinity. We are set apart for a life with and for God.

Baptism – Our First Consecration
Baptism is our first and most important consecration, where we are set apart and anointed, made holy. In this sacrament, we are consecrated to God the Father in Christ by the power of the Holy Spirit. Baptism makes us sons and daughters of the Living God, brothers and sisters of Christ. “Incorporated into Christ by Baptism, the person baptized is configured to Christ” (CCC 1272). Like Christ, we are set apart by God to bring about the salvation of souls.

What is an act of consecration?
Jesus calls us to “be perfect, therefore, as your heavenly Father is perfect” (Matthew 5:48). Striving to become like Christ is the effort of a lifetime, and living a life of holiness is a series of constant, daily decisions. Therefore, consecration is not a single, one-time-only decision. It is a way of living. We consecrate ourselves in order to be more devoted to the Lord, to live into our Christian vocation to love and serve God. Consecration helps us grow in holiness and increase our faith, hope, and love.

When one makes an act of consecration, it is made ultimately to God with the understanding that our consecration is a serious commitment on our part to respond faithfully to God’s grace at work in our lives.

What is a consecration to St. Joseph?
Consecrating oneself to St. Joseph is an act of entrustment to his fatherly care, protection, and guidance. In the same way that St. Joseph was Jesus’ guardian, the Church calls us to put ourselves under his faithful care and patronage. Having acknowledged that St. Joseph is our spiritual father, the person who
consecrates himself to St. Joseph wants to be as close to him as possible, to the point of resembling him in virtue and holiness. Saint Joseph, in turn, will give those consecrated to him his undivided attention, protection, and guidance.

If you have already consecrated yourself to the Virgin Mary, can you be consecrated to St. Joseph, as well?

“The answer is a resounding “Yes!” God desires that all children be committed to the care of a mother and a father. You are not a member of a single-parent spiritual family. Mary is your spiritual mother, and St. Joseph is your spiritual father. The spiritual fatherhood of St. Joseph is extremely important for your spiritual growth. Total consecration to Mary is not diminished by total consecration to St. Joseph. Mary wants you to consecrate yourself to St. Joseph! Jesus wants you to consecrate yourself to St. Joseph! Everything you have given to Jesus and Mary can also be given to St. Joseph. The hearts of Jesus, Mary, and St. Joseph are one.

For more information, visit https://www.consecrationtostjoseph.org/introduction.html