Fostering Dignity & Respect for All Life
Through God’s Love...

December 2021 NEWS
Roman Catholic Diocese of Syracuse, Office of Family/Respect Life Ministry
240 E. Onondaga St., Syracuse, NY 13202 • Lisa Hall, Director • (315) 472-6754 Ext. 1 • e-mail: lhall@syrdio.org

The Fostering Dignity & Respect for All Life
Through God’s Love...

Day of Prayer for the Legal Protection of Unborn Children
January 22, 2022
Observe this day of prayer through “penitential practices of prayer, fasting, and/or almsgiving”.
For your parish: homily notes, liturgical resources, and prayer intentions are available at https://respectlife.org/january-22

March for Life in Washington, DC!
Be A Voice for the Voiceless!
One-Day Pilgrimage for Adults and Families • January 20-21, 2022
The trip includes Mass with Bishop Lucia at the National Basilica, participation in the March for Life with the diocesan group, transportation, meals and a diocesan scarf.

• • The bus will pick up passengers in four locations: • •
  Utica, 10:00 p.m.      Syracuse, 11:00 p.m.
  Cortland, 11:30 p.m.  Binghamton, midnight

Cost: Young adults (ages 18-25) $25 • Adults $50
  Maximum Family Rate: $125

For more information, contact Jen Brown at (315) 472-6754 Ext. 7 or email: familyrespectlife@syrdio.org.
To register online: https://march4lifesyracuse2022.eventbrite.com

This event is sponsored by the Syracuse Diocese Office of Family/Respect Life Ministry.

9 Days for Life
JANUARY 19-27, 2022
9 Days for Life is a novena for the protection of human life. Each day’s intention is accompanied by a short reflection and suggested actions to help build a culture of life.
Join today at www.9daysforlife.com!

Leader Resources including the novena, flyer, bulletin and pulpit announcements are available at https://respectlife.org/leaders-resources

3 WAYS TO JOIN 9DaysforLife.com

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How will you get involved?

IDEAS FOR YOUR PARISH OR FAMILY:

- **Encourage** your pastor to celebrate the "Mass for Giving Thanks to God for the Gift of Human Life" at all the daily Masses in your parish on the 22nd of each month.
- **Host** a special Mass, Rosary, or Holy Hour for Life on the 22nd of each month.
- **Limit yourself** to one meal and two smaller meals on that day, or fast from social media, videos, music or something else you like on the 22nd.
- **Pray** the rosary together with your family or a group of friends for this intention.

For more information: www.prayfordobbs.com
2021 Mass for Life

Bishop Lucia celebrated a Mass for Life for Catholic high school students and their families on October 21, 2021 at the Cathedral of the Immaculate Conception.

Winners of the Pro-Vita Scholarships

Aiden Mackey, Baker High School...........$1,000
Lindsey Rice, Vestal High School..........$1,000
Abigail Docos, Bishop Grimes...............$500
Herman Von Hassell, Bishop Grimes .....$500

Scholarships will apply toward college tuition/expenses. Congratulations to the winners!

Pictured l to r: Abigail Docos, Herman Von Hassell, Bishop Lucia, Aiden Mackey, and Lindsey Rice

Sisters of Life visit local Catholic High Schools

Sister Maria Frassati, S.V., Sister Maria Annunciata, S.V. and Sister Mary Catherine, S.V. of the Sisters of Life, visited students at Seton Catholic Central, Notre Dame, Bishop Grimes and Bishop Ludden and spoke about discernment and the gift of life. The Sisters are a Catholic religious community of women who “vow to protect and enhance the sacredness of every human life”.

For more information and to support their community, visit https://sistersoflife.org, call (845) 357-3547, or email sistersoflife@sistersoflife.org.
Local Pregnancy Centers’
“WISH LISTS”
Help Moms in need through your donations!

CARE NET PREGNANCY CENTERS OF CNY
1418 Genesee St., Utica, NY 13502
(315) 738-9435
730 Lenox Ave., Suite 2, Oneida, NY 13421
(315) 366-9902
2T-5T Pull-Ups, winter coats, boots, hats, gloves, socks, and strollers

CORTLAND PREGNANCY CENTER
4 Church St., Cortland, NY 13045
(607) 753-3909
2T-5T pajamas, winter coats, socks, boots, hats, and diapers for 4-6 year olds

CATHOLIC CHARITIES OF ONEIDA/MADISON COUNTY
“Pregnancy & Parenting Support”
1301 Howard Ave, Utica, NY 13501
(315) 724-0120, ext. 2528
Infant clothing, blankets, and toys

CATHOLIC CHARITIES OF ONONDAGA COUNTY
LULLABY LEAGUE
1654 W. Onondaga St., Syracuse, NY 13204
(315) 475-9844 ext. 18
Diapers, winter snowsuits for infants, wipes, baby lotion, soap, rash ointment, and thermometers

Hope After Abortion
Experience God’s mercy and love at a Day of Hope and Healing
(For Women)
(based on Entering Canaan)
April 30, 2022

Please call or email to register confidentially • 855-364-0076 • hopeandhealing@syrdio.org
**WORLD MARRIAGE DAY**

**Mass and Reception**

Sunday February 13th, 2022 • 2:00 pm

The Cathedral of the Immaculate Conception • Celebrant: Most Reverend Douglas J. Lucia

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**The Third Option**

Building Healthier Marriages

The Third Option is a group program designed to build marriage skills.

Work on your marriage from the comfort of your own home!

December 2021 - February 2022 Online Meetings

Sundays from 7:15-9:00 PM

Dec. 5 Two Great Secrets of Happily Married Couples
Dec. 19 Ending the Blame Game: It Feels Good
Jan. 2 Understanding Expectations Can Transform Your Marriage
Jan. 16 Re-defining the Power Struggle in Marriage
Jan. 30 Coping with Control Issues
Feb. 6 Listening Beyond the Words: The Miracle Skill
Feb. 20 Appreciating Personality Differences

ALL ARE WELCOME!

Contact Stephanie Stewart for more information or to join the meetings at: sstewart@syrdio.org or (315) 472-6728.

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**THE OFFICE OF FAMILY/RESPECT LIFE PRESENTS**

**VIRTUAL DATE NIGHT WITH THE PADGETTS**

Saturday, December 18, 2021 • 8:00-9:00 PM

Register at syrdiodatenight.eventbrite.com

Questions? Email: familyrespectlife@syrdio.org

SYRACUSE DIOCESE
Blessing of a Christmas Tree

According to custom, the Christmas tree is set up just before Christmas and may remain in place until the Solemnity of Epiphany. The lights of the tree are illuminated after the prayer of blessing.

**Family Member:** Loving God, we stand here ready to celebrate the birth of your son, Jesus.

(All extend a hand in blessing. Sprinkle water or holy water on the tree while praying the following prayer.)

**Family Member:** Bless this tree, this sign of life and freshness and perseverance. It stands as a reminder that you are born anew in us each day. Bless our family and friends as we celebrate this joyous season. Keep us safe in our travels, kind in our conversations, and gracious in our giving and receiving. We ask you this in confidence, because we know you love us.

**All:** Amen.

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**BOOK CORNER**

“**I would climb any mountain for you**”
by The Sisters of Life

This storybook for moms and children imagines the adventures of their first nine months together—before meeting for the first time! It includes a page to personalize and insert a sonogram photo... perfect for expectant moms!
Written and illustrated by the Sisters of Life,
https://sistersoflife.org

“**Blueberries for Sal**”
by Robert McCloskey

“**An Egg Is Quiet**”
by Dianna Aston

Children learn that creation and their body are gifts from God through these storybooks and lessons provided for teachers/parents in the “REVEALED” K-12 Theology of the Body curriculum for kindergarten grade.

https://ruahwoodspress.com/revealed
UPCOMING FAMILY/PRO-LIFE HAPPENINGS

DIOCESAN EVENTS

- **DAY OF HOPE & HEALING FOR WOMEN: April 30, 2022**: Have you felt sad, ashamed or not forgiven due to an abortion? Experience God’s mercy and peace at a Day of Hope and Healing. For more information, call Project Rachel Ministry at (855) 364-0076 or email: hopeandhealing@syrdio.org. All calls and emails are confidential.

- **SYRACUSE DIOCESE 1-DAY BUS TRIP FOR ADULTS AND FAMILIES TO THE NATIONAL MARCH FOR LIFE, Jan. 20-21, 2022**: More information on the front cover of this newsletter.

- **SYRACUSE DIOCESE 3-DAY PILGRIMAGE FOR LIFE, Jan. 20-22, for youth in grades 7-12**: For more information please contact Marie Gibbons, Program Director, marie.gibbons@syrdio.org, or (315) 414-7139.

- **WORLD MARRIAGE DAY MASS AND RECEPTION, February 13, 2022, 2:00 p.m., The Cathedral of the Immaculate Conception, 259 E. Onondaga St., Syracuse**: See ad in this newsletter.

- **2022 IGNITE CATHOLIC MEN’S CONFERENCE, March 26, 2022, SRC Arena and Event Center, Onondaga Community College, 4585 W. Seneca Turnpike, Syracuse**: Guest speakers are Matt Birk, Fr. Jim Walsh and Bob Rice. Registration opens in January. For more information, visit ignitecatholicmen.org.

- **THE THIRD OPTION MARRIAGE ENRICHMENT MEETINGS, Online through Zoom, Sundays from 7:15-9:00 p.m.**: See ad in this newsletter.

- **BRANCH OUT AND GROW, Support Group Meetings for those affected by separation and divorce**: Online meetings every 1st and 3rd Wednesday of each month, 7:00-8:00 p.m. Meeting topics: Dec. 15 – Road to Recovery; Jan. 5 – Anger; Jan. 19 – Grief and Depression; Feb. 2 – Loneliness; Feb. 16 – Fears and Anxiety; Mar. 2 – Family and Friends. If you are interested in learning more, contact Deacon Dean Brainard at dbrainard@syrdio.org or call (315) 472-6754, Ext. 5.

- **VIRTUAL DATE NIGHT: December 18, 2021, 8:00-9:00 p.m.**: See ad in this newsletter.

- **THEOLOGY OF THE BODY RESOURCES**: Discover the extraordinary Catholic teaching known as the *Theology of the Body* by St. John Paul II. For more information about a parish talk, study group for adults or youth, or books and resources, contact Sharon Flanagan at the Office of Family/Respect Life Ministry, (315) 470-1417 or email: sflanagan@syrdio.org.

WESTERN/NORTHERN REGION

- **SYRACUSE MARCH FOR LIFE: Downtown Syracuse, January 15, 2022, noon**: The annual Syracuse March for Life, coordinated by Syracuse Right to Life, will begin at the Museum of Science & Technology (MOST), at Jefferson and Clinton Streets and end at the MOST. Carry a rose as a symbol of life, invite family and friends, and/or bring a group from your church. For more information, contact Syracuse Right to Life, (315) 546-BABY (2229).

- **ROSARY FOR LIFE, EPIPHANY PARISH at St. Joseph the Worker campus, 1001 Tulip Street, Liverpool, January 16, 2022, 2:30 p.m.**: A special Rosary for Life will include Exposition of the Blessed Sacrament, Rosary, Chaplet of Divine Mercy and Benediction. Deacon Steve Manzene will preside. For more information, contact Terry Wellenzohn, (315) 457-4630.

- **40 DAYS FOR LIFE, SYRACUSE: March 2 - April 10, 2022, Planned Parenthood, 1120 E. Genesee St., Syracuse**: Pray peacefully during a 40-day vigil in the public right-of-way outside of Planned Parenthood and help spread the word about this important outreach. For more information or to volunteer, please contact Jeanie Owens (315) 956-7772 or Shannon Guy (315) 664-5067, or visit 40daysforlife.com/Syracuse or email: syracuse40daysforlife@gmail.com.

EASTERN REGION - UTICA AREA

- **PILGRIMAGE TO THE MARCH FOR LIFE IN WASHINGTON, DC FROM VERONA, NY (1-Day bus trip), January 20-21, 2022**: Bus departs from Our Lady of Good Counsel rectory, 5259 Beacon Light Rd., Verona on Jan. 20, 2022 at 11:00 p.m. and will return around midnight on Jan. 21, 2022. For more information, call Fr. Edmund Castronovo, (315) 363-7696.

- **THE THIRD OPTION MARRIAGE ENRICHMENT MEETINGS, The Good News Center, 10475 Cosby Manor Rd., Utica, every other Sunday, 6:30-8:00 p.m., in-person and virtual**: Meeting topics: Dec. 5 – Appreciating Personality Differences; Dec. 19 – Recognizing Childhood & Emotional Baggage; Jan. 9 – Handling Anger Constructively; Jan. 23 – Speaking the Truth in Love; Feb. 6 – Learning How to Fight Fair; Feb. 20 – Breaking the Hurt Cycle. Register for the meetings by calling (315) 735-6210, Mon.-Fri. 8:30 a.m. - 4:30 p.m.

SOUTHERN REGION - BINGHAMTON AREA

- **ITHACA’S MARCH FOR LIFE: Plans for the January 2022 March are underway. For those interested in participating, please contact Carolann Darling, (607) 351-6668 or Mary Anne Tissot, (315) 246-7479.**

- **40 DAYS FOR LIFE, ITHACA: March 2 - April 10, 2022, near Planned Parenthood, 620 W. Seneca St., Ithaca.** For more information, contact Becky Fluger, (607) 423-7015 or email: lookinguptohim@yahoo.com.
The 2022 State Legislative Session will begin in early January. All legislation introduced in 2021 carries over into 2022, the second year of the two-year session. Therefore, except for new introductions, bill numbers remain the same.

Follow along with the 2022 legislative session by signing up for the Catholic Action Network of the New York State Catholic Conference here: https://www.nyscatholic.org/nys-catholic-conference-action-center/?vvsrc=%2fRegister

You can see important information on current bills here at the Bill Tracker: https://www.nyscatholic.org/nys-catholic-conference-action-center/?vvsrc=%2fBills

You can see the latest alerts here in the Action Center: https://www.nyscatholic.org/action-center/

Help make our Catholic voices heard!