

## Facilitators Day - Agenda

September 12, 2015

### “The Art of Change” by John Reid and Maureen Gallagher

- 9:30 Coffee
- 10:00 Prayer - Welcoming
- 10:15 Chapter 6: Dealing with Grief and Loss
- Transition Process- page 64
  - Signs of Grieving- page 65-66
  - Five Strategies to Move Forward- page 67
  - Small-Large Group discussions- page 74, questions 1 and 2
- 11:00 Break
- 11:15 Chapter 6: Dealing with Grief and Loss (continued)
- Processes- Endings to New Beginnings page 69
  - Four Primary Responsibilities page 72
  - Small-Large Group discussion- page 74, question 3
- 12:00 Lunch
- 12:30 Chapter 9: Pulling It Together- A Spiritual Journey
- Stressors Along the Way- page 105-107
  - Connecting- page 108
  - Seeing, Naming and Acting- page 110
  - Small-Large Group discussion page 112 questions 3 and 4
- 1:15 Break
- 1:25 Question and Responses with the Staff
- 2:00 Depart